



STATE OF HAWAII
DEPARTMENT OF EDUCATION

NOTICE TO PARENTS/LEGAL GUARDIANS - PEDICULOSIS (UKU)

SCHOOL: _____

To The Parents/Legal Guardians of: _____

Your child/ren was/were checked for head lice (uku) and/or nits today and was found to have an active infestation. Lice are spread by direct contact (head to head) or through contact with contaminated items such as hats, combs, brushes, bedding, etc. Treatment is necessary to prevent spreading to others.

Check the hair of every member of your household and inform your close contacts.

Follow these steps for treatment:

- A. Contact your doctor, public health nurse or pharmacist for proper treatment. Regular shampoo will not be effective. Be sure to carefully follow the instructions of any medicated shampoo.
- B. **Comb out all nits (eggs) after treatment.** Most medicated shampoos **do not** kill the nits. Nits are white to yellowish-brown teardrop shaped objects that are cemented to the hair strands. A live nit can hatch and start a new family of lice in your child's hair. One louse can produce 6 to 10 nits per day.
- C. Brush, sweep or vacuum all mattresses, pillows, rugs, mats, floors, and furniture.
- D. Soak clothes, sheets, hats, caps, headbands, scrunchies, scarves, and towels in very hot soapy water and wash clean.
- E. Dry clean clothing that cannot be washed.
- F. For items that cannot be washed or dry cleaned, put in sunlight for one hour between 10 a.m. and 2 p.m., or place in a tied plastic bag for one month.
- G. Wash combs and hairbrushes with very hot soapy water and dry.
- H. Comb hair for lice and nits after treatment every day before and after school for the next two weeks.

A recheck will be done when your child/ren returns to school. **An adult must accompany your child/ren to the health room.**

Thank you for your cooperation in completing this task as quickly as possible. Your child/ren's education is important to all.

To prevent reinfestation:

- A. Keep hair oily or short.
- B. Keep long hair in tight braids.
- C. Check your child/ren's hair weekly.
- D. Do not share headbands, hairbrushes, combs, hair pieces or ornaments, sweaters, caps, jackets, backpacks, etc.

Contact _____, School Health Aide, if you have any questions.

Principal

Date